

The Lunch Box
Menu - September, 2026

14th September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Chowfan (Fried Rice) with Chicken and Lettuce (Regular)
- Chowfan (Fried Rice) with Chicken and Lettuce (Large)

15th September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Beef Lasagne & Salad (Regular)
- Beef Lasagne, Salad (Large)

16th September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Creamed Chicken with Yellow Rice, tomatoes and cucumber (Regular)
- Creamed Chicken with Yellow Rice, tomatoes and cucumber (Large)

17th September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Spaghetti & Meatballs (by Capriccio di mare) with fresh tomato sauce, beef meatballs and pasta. (R)
- Spaghetti & Meatballs (by Capriccio di mare) with fresh tomato sauce, beef meatballs and pasta. (L)

18th September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Coconut chicken curry, rice, lentil dahl and dessert of the day. REG
- Coconut chicken curry, rice, lentil dahl and dessert of the day! LARGE

21st September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Stewed Ribs with Rice and Corn (Regular)
- Stewed Ribs with Rice and Corn (Large)

22nd September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- BBQ Ribs with Roast Potato & Mixed Vegetables (Regular)
- BBQ Ribs with Roast Potato & Mixed Vegetables (Large)

23rd September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Curried Chicken with Roti and Chutney (Regular)
- Curried Chicken with Roti and Chutney (Large)

24th September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Stewed Chicken with Rice and Red Beans (Regular)
- Stewed Chicken with Rice and Red Beans (Large)

25th September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Burger with Potato Wedges (Vegetable)
- Beef Burger with Potato Wedges (Regular)
- Beef Burger with Potato Wedges (Large)

28th September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Coconut chicken curry, rice, lentil dahl and dessert of the day. REG
- Coconut chicken curry, rice, lentil dahl and dessert of the day! LARGE

29th September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Johnny Cake & Salt Fish (Regular)
- Johnny Cake & Salt Fish (Large)

30th September, 2026

- Soup of the Day (Vegetable)
- 'Cedar' salad (V)
- The 'Lesley' - Soup and Salad
- Cheese Panini with dessert of the day! - Half Size
- Cheese Panini with dessert of the day - Full size
- Ham & Cheese Panini with dessert of the day!! - Half size
- Ham & Cheese Panini with dessert of the day!! - Full size
- Chicken Chowmein with Vegetables & Dessert of the Day (R)
- Chicken Chowmein with Vegetables & Dessert of the Day (L)